



Cultural Sharing Night Tentative Schedule

5:00-5:05 pm Wampum/treaty reading and teachings - Dr. Ojistoh Horn, Dr. Karen Hill & Ashley

5:05-5:07pm Transition to stage for Metis Jig - Dr. Ashley Knapman + Metis physicians/students
(wear black top+ metis sash)

5:07-5:09pm Explanation of Jigging - Dr. Ashley Knapman

5:09-5:15 pm Metis Jig demonstration to Red River Jig song

<https://music.apple.com/ca/album/red-river-jig/1322853734?i=1322853742>. Order: Travel step, change one is metis moonwalk, travel step, change two is reverse metis moonwalk, travel step, change three is gallop, travel step

then exit stage - ALL

5:15pm-5:17pm Explanation of Inuk Representation within IPAC - Dr Alexa Lesperance

5:17-5:19 pm Transition to stage for Drumming - Dr. Alexa Lesperance + First Nation physicians/students (wear black top & ribbon attire), please bring your own drum (see customs instructions - Fur/Leather Hide Customs [Information](#))

5:19-5:25pm Explain Round Dance, demonstrate, allow time for all delegates to form a circle -
Dr. Alexa Lesperance

5:25-5:35 pm Strong Woman Song - ALL (leads Dr. Mandy Buss, Dr. Marcia Anderson, Dr. Alexa Lesperance, Dr Tonya Lee Watts)

5:35-5:40 pm Travelling Song - ALL (stand facing the east, turning to south, west and north at each verse)